

PLEASURE: BUILDING TRUST AND FAITH IN THE GOODNESS OF LIFE

with

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SENIOR PATHWORK HELPER, OTTAWA PATHWORK REGION

Thursday, August 8th - Tuesday, August 13th

We long for pleasure yet often doubt its legitimacy and our right to it. While we desire pleasure, we also deeply fear it.

The Pathwork Guide offers that our longing for pleasure represents a real and healthy impulse within us, and serves the higher purpose of spiritual transformation.

Join us this summer for a spacious retreat exploring why pleasure is essential for:

- Embodying a deeper experience of your spirituality
- Healing your emotional and spiritual wounds
- Evolving the collective global obsession with pain and suffering in the forms of war, inequities, and environmental degradation

Together with a group of fellow seekers, we'll use the "healing balm of pleasure" to expand into trust and faith in the goodness of life.

When:

Thursday August 8th –
Tuesday, August 13th

Location:

Pendle Hill, a Quaker Retreat Center in Philadelphia, PA; Accessible by car, plane (Philadelphia International Airport) and train (Philadelphia 30th Street Station). Explore 23 beautiful acres of woodland trails and consciously prepared meals using local and organic ingredients.

Cost:

\$1,050 plus room and board. Commuting option is available (only course fee would apply plus any meals). Lodging for 5 nights and meals (from lunch on Thursday through lunch on Tuesday) is \$694.00 single, \$574.00 double. Financial aid and diversity support are available.

To Register:

Please contact Amy Rhett at adpathwork@gmail.com or 609-577-6336 for more information and to receive a registration form. Space is limited. A deposit of \$500 will hold your place.

Led by Pathwork Senior Helper Madeline Dietrich, who created the Unlock Pleasure teaching based on Pathwork lectures, Somatic Experiencing (a somatic based modality for trauma treatment), and her many years as a Pathwork student and Helper, and Somatic Therapist.

