

Free Monthly Pathwork Lecture Discussion Groups

Living the Path

2021/2022

Knowing Yourself in a Changed World



Our world has changed. How are we different? How do we know ourselves now? What have we discovered about our true self? How can our true self help lead us through change? This season of the "Living the Path" lecture discussions will seek answers to how we know our true self.

Pathwork Teachers lead the discussions which include meditations, prayers and exercises. Open to new and experienced Pathworkers. Come to one or all the sessions.

Please contact individual teachers for dates, times, online meeting link, or if in-person, the location. You can also visit our website for a listing of meeting dates, times at www.philapathwork.org/living-the-path.

This year's lectures:

- Oct #183 The Spiritual Meaning of Crisis
- Nov #56 Capacity to Wish
- Dec #45 The Conflict Between Conscious and Unconscious Desires
- Jan #55 Three Cosmic Principles: the Expanding, the Restrictive and the Static Principle
- Feb #174 Self-Esteem
- Mar #51 Importance of Forming Independent Opinions
- Apr #83 Idealized Self Image
- May #150 Self-Liking
- Jun #192 Real Needs and False Needs

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