

# UPCOMING *events*

Upcoming Events from Page 3

and we will reconsider our hearts desire to live from the wisdom of our true inner self. ★ Led by: Pnina Polishook. 610-667-1176. Location: 195 W. Lancaster Avenue, Paoli, Pa. 19301. Cost: \$50.

Four Week Lecture Study

**DECISION-MAKING FOR FUN AND ENLIGHTENMENT.** Wednesday, June 5th, 12th, 19th, 26th. 7PM-9PM. "Decision-making is very important in everyone's life, for everything is a decision." [yet] "The majority of human beings are incapable of making clear-cut, mature decisions." PGL#32. Life requires many decisions; too many for most of us. But our choices offer great opportunities to learn about ourselves. This lecture study is based on material contained in PGL#32 - Decision Making - plus practical wisdom from a variety lectures and complementary sources. Topics include: keys to successful decision-making, heart centered decisions, bias free decisions and decision avoidance. A variety of modalities and exercises will be used; group discussion and sharing will be incorporated throughout. ★ Led by David Schwerin. 215-793-0712 or Schwerin@verizon.net. David's bio at www.consciousthinking.com. Location: 299 Bangor Lane, Ambler PA. Please send \$25 deposit by May 22nd. Cost \$100.

Graduate Program Fall 2013

**MANIFESTATION: ASK AND YOU SHALL RECEIVE.** One Saturday a month, beginning in September, 2013. 10AM-4PM. Ask and You Shall Receive: Various Pathwork lectures, as well as the book by the same name authored and channeled by Esther and Jerry Hicks, will be the base of our work together. This is a one-year class structured for graduates of our program and will include manifestation boards as well as personal follow-up depending on what your chosen point of focus may be for this year. This work will be exciting, challenging, and help you move your point of positive attraction forward, finding a true higher emotional vibration to lead your life from, with more and more awareness of how you are truly creating your own life, day by day, reaction by reaction, and linking cause and effect more and more. Join me for an exciting year together, with like-minded folks, where we can practice becoming the creator of our own life. ★ Led by Carol Day. 609-392-7855 or carolday3@verizon.net. Location: 21 Whittier Avenue, Trenton, NJ 08618. Flyers and registration materials coming in early summer. Cost: \$140/class, 10 classes total.

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Philadelphia Pathwork® Region is a non-profit organization. Regional leader: Sharon Balsama, 272 Center Point Lane, Lansdale, PA 19446. 610-222-4688. Published three times annually.

**FREE FIRST FRIDAYS  
FREE FIRST WEDNESDAYS  
LOCATIONS**

**PENNSYLVANIA:**

**First Fridays:**  
**Ambler:** David Schwerin 215-793-0712  
**Garnet Valley:** Donna Neilson 610-761-3583  
**Maple Glen:** EJ Carreiro 610-659-7732  
**Philadelphia:** Renee Whatley 215-472-6454

**First Wednesdays:**  
**Chadds Ford:** Deb Mazza 610-793-2036  
**Pittsburgh:** Sue Van Doeren 412-434-0400  
**Center City Philadelphia:** Donna Neilson 610-761-3583

**NEW JERSEY:**

**First Fridays:**  
**Hamilton:** Pam Jones 609-631-6873  
**Princeton Area/Kingston:** Rich Carlson 609-638-8194  
**Trenton:** Carol Day 609-392-7855

**First Wednesdays:**  
**Princeton:** Amy Rhett 609-577-6336

✓ **PLEASE CALL TO LET US KNOW YOU WILL BE ATTENDING.**  
*Topics are listed on the front of this newsletter.*

**FREE FIRST FRIDAYS  
FREE FIRST WEDNESDAYS**

**The Power of Three: Creating Harmony Through the Spiritual Triads of Life**

Please call to register and get directions by the Wednesday before the event.

• **February 1 & 6, 2013:** PGL#119: Movement, Consciousness, Experience: Pleasure the Essence of Life  
 • **March 1 & 6, 2013:** PGL#121: Displacement, Substitution and Superimposition  
 • **April 3 & 5, 2013:** PGL#162: Three Levels of Reality for Inner Guidance  
 • **May 1 & 3, 2013:** PGL#166: Perceiving, Reacting, Expressing  
 • **June 5 & 7, 2013:** PGL#234: Perfection, Immortality, Omnipotence

• **PATHWORK STUDIES FOLLOW-UP WORKSHOPS:**  
**SATURDAYS 10:00AM-4:00PM/Cost: \$50.00**  
 To register, please call by the Wednesday before the workshop.  
 • **March, 23, 2013:** PGL#121: Displacement, Substitution and Superimposition  
 • **Amy Rhett - 609-577-6336**  
 • **April 13, 2013:** PGL#162: Three Levels of Reality for Inner Guidance  
 • **Pnina Polishook - 610-667-1176**  
 • **May 11, 2013:** PGL#166: Perceiving, Reacting, Expressing  
 • **Renee Whatley - 215-472-6454**  
 • **June 15, 2013:** PGL#234: Perfection, Immortality, Omnipotence  
 • **Carolyn Tilove - 215-752-9894**

\*Pathwork Studies Workshops can be offered at a low cost because they are sponsored by the region.

See back page for locations  
www.philapathwork.org

**February 2013 Edition**

Sharon Balsama  
272 Center Point Lane  
Lansdale, PA 19446

# PHILA PATHWORK REGION

Volume 10 - Issue 1 - February 2013

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## Spiritual Leader

# AN OUTSTANDING YEAR OF LEADERSHIP, GROWTH & TALENT

by Sharon Lee Balsama

As the New Year begins I have been reflecting over the highlights of the past year of serving as the Spiritual Leader for the Philadelphia Pathwork Region. Our region changed enormously during this year.

As most of you know by now we have grown from 8 Helpers to 15 active Helpers. This is exciting on three fronts. First, it is exciting because there are so many more Helpers spreading the words of the Guide throughout the Philadelphia, Pittsburgh and New Jersey areas. Helpers are offering more people the teachings that we know have changed our lives. Second, it means that many more activities can be offered in the region at more varied geographical locations. Third, it is exciting because there are new talents available to the

region as these new Helpers take on leadership in a variety of ways and are offering new and creative ideas. We are grateful for this expansion.

Another outstanding event that I have been reflecting on was the International Leadership Conference held at Sevenoaks, VA. In August, Helpers and leaders from all over the world gathered in Lighthouse which is a huge round room on the upper level of a building nestled in the mountains of VA. We sat in chairs around the circumference of this room. There were 80 of us! There were folks from Canada, Mexico, Brazil, France, Belgium, Finland and Australia to name a few. It was touching. It was awesome to experience all of us speaking the same Pathwork language and teaching the same Pathwork concepts. (Though we had to have interpreters to know this!) It was a

profound experience to witness and feel emotionally the commonality and oneness of Pathwork people around the world.

While at the Leadershi conference it was a surprise to me that the reputation of the Philadelphia Pathwork Region is that we are a "healthy and thriving community." These were the words we heard over and over. Those of us attending from our region were sought out by other regions and asked for advice and ideas. In fact, upon returning from the conference I was approached by the New York Pathwork Region and asked to come and speak about what it is that we do in this region to "thrive." (The NYPW Region is really struggling right now, which is sad as this was where Eva gave us so many of the lectures.) It took some thought to agree to talk with them on "thriving"

as the Philadelphia region does not actually have people lined up to get in TP classes or crowding into every workshop. So I asked them what it meant to them to be "healthy and thriving." They said it was not about numbers but about aliveness and passion. Ah, that I can speak about for this region - that is true. On Oct. 7, 2012, I traveled to New York City and shared with the people gathered there what I think the reasons are for Philadelphia's success in energetic aliveness and passion. As I was getting ready to write this letter to you it occurred to me that many of you might not be aware of the specific Pathwork techniques we use to keep our region healthy. To see a summary of the talk I gave sent to me by one of the New York Pathworkers please go to our website: www.philapathwork.org

Blessings in 2013!

## Board President

# WE ARE A VIBRANT, HEALTHY, ENERGETIC COMMUNITY

by EJ Carreiro

The State of the Union address is scheduled for January 29, 2013. On that date, President Obama will report the State of the Union to Americans, describing the condition of the Nation, outlining his legislative agenda and describing the national priorities. I was blessed with the thought that the members of our community likewise are entitled to a report on the state of the Philadelphia Region Pathwork.

I am pleased to report that we are a vibrant, healthy, energetic community, supporting and advancing the work of the Guide, Eva, and the Universal Plan of Salvation.

Leadership, as the Guide defines this quality, is the bedrock of our Region. The team assembled to lead the Region is well steeped in the principles of Pathwork, and consciously apply the principles of the Path to maintain and move the Community forward. The transition of Spiritual Leadership has been seamless. Renee Joanna Whatley was called to succeed Carolyn Tilove as spiritual leader and she then passed the mantle to Sharon Balsama who was similarly called. Each has left her own particular brand on the fabric of our Community while maintaining the goals of the Path. They all stand as an example in

their commitment to the work of the Guide, and their dedication to this Region. They have served tirelessly.

The Board of Directors is a collection of souls brought together by magic, spirit and desire. Energy and commitment mark each member of the Board. We bring together our own unique life experiences, strengths and hopes to fulfill the tasks of the Board. This group sacrifices time and energy from their daily life, meeting monthly, and communicating to assure the success of the Board's mission. In June 2012, this Region certified 7 new Helpers bringing the current number of Philadelphia Pathwork Region Helpers to 18. As with the Helpers who preceded them, this new group of Helpers embraced their role in the Community with passion adding to the collective energy of our group of Helpers.

The Board and the Helpers work hand-in-hand to assure that our Community thrives and is available to serve those who seek the wisdom of the Guide. I am confident our Community is well led and dedicated to the ideals set forth in our mission statement - Philadelphia Pathwork Region is part of a worldwide spiritual community whose purpose is to embody the principles and practices contained in the Patchwork Guide lectures. We offer a spiritual discipline for comprehensive self-transformation through

Vibrant continued on Page 2

# creative Spirits

## Hum

by Mark Matteson

*Across the dark night,  
in the distance,  
I hear a hum.*

*Like the throb of a distant tuning fork.*

*And knowing not,  
how or why  
Within me, my soul responds  
and begins to hum.*

*And two souls,  
far apart,  
sing together,  
one pure tone*

## I am the All

by Lark Worth

*I am the rock, the tree.  
I am the sky, the sea.  
I am the friend, the foe.  
I am you and me.*

*I am the All  
from which All comes.  
I am the All  
within which All is.*

*I am the All  
that sees All.  
I am the All  
that knows All.*

*I am the All  
That says No to All.  
I am the All  
That says Yes.*

*I am the All  
that forgets All.  
I am the All  
that remembers All.*

*I am the All  
In awe of the All*

**save the date**

**← CCCDAY →**

*Our Annual End-of-Year  
Celebration Will Be Held On  
Saturday, June 1, 2013  
9:30AM-4PM*