

UPCOMING *events*

Upcoming Events from Page 3

An Invitation To Invest In Yourself!!!!

PATHWORK TRANSFORMATION PROGRAM (TP) YEAR 1 - FALL 2012.

This is the most intensive program we offer in the Pathwork. Meeting for one full day a month, with a strong curriculum, allow your group to become the intimate container to hold deep personal work. Each individual also completes sixteen individual sessions during the year so that the work is held in many ways.

While the Transformation Pathwork Program is a five-year program, you are committing to participate one year at a time.

As the Chairperson of the Transformation Program of the Philadelphia Pathwork Region, I am looking for people who want to begin this program Fall 2012. This is an exciting and life-transforming program. Whether you have been self-studying the lectures, attending First Friday classes or have just discovered us, you may be ready to enter our most intensive program.

Prerequisites: Please note In order to participate in this program, you will need to have received a minimum of three private sessions from the Helper of your choice as well as have attended a one-day workshop or a lecture study series. To see upcoming workshops in this region over the summer, please visit our website www.philapathwork.org.

At this time, we are hoping to hold new classes in two areas of our region: Paoli, Pa. as well as Trenton, NJ. Call me, Carol Day at 609-392-7855 or e-mail me at carolday3@verizon.net if you would like to explore the possibilities of taking this next step. You can also visit our website at www.philapathwork.org and click on "Programs" for a more detailed look at the full five-year curriculum.

*Pathwork Studies Workshop**

JUNE PATHWORK STUDIES WORKSHOP. Renee Whatley will be doing the June PWS workshop. Details on email to follow.

**Pathwork Studies Workshops can be offered at a low cost because they are sponsored by the region. All Pathwork lectures are available on www.Pathwork.org.*

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Philadelphia Pathwork® Region is a non-profit organization. Regional leader: Sharon Balsama, 272 Center Point Lane, Lansdale, PA 19446. 610-222-4688. Published three times annually.

FREE FIRST FRIDAY FREE FIRST WEDNESDAY LOCATIONS

PENNSYLVANIA:

FIRST FRIDAY:

- **Ambler:** David Schwerin 215-793-0712
- **Philadelphia:** Renee Whatley 215-472-6454

FIRST WEDNESDAY:

- **Garnet Valley:** Donna Neilson 610-761-3583
- **Chadds Ford:** Deb Mazza 610-793-2036
- **Pittsburgh:** Sue Van Doeren 412-434-0400

NEW JERSEY:

FIRST FRIDAY:

- **Hamilton:** Pam Jones 609-631-6873
- **Trenton:** Carol Day 609-392-7855
- **Skillman:** Mary Elliott 908-625-2238

FIRST WEDNESDAY

- **Princeton:** Amy Rhett 609-577-6336

✓ **PLEASE CALL TO LET US KNOW YOU WILL BE ATTENDING.**

Topics are listed on the front of this newsletter.

PHILA PATHWORK REGION

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PAUSE TO HONOR EACH PHASE OF YOUR JOURNEY

by Sharon Lee Balsama

Dear Pathworkers, Spring is here! This is the time of new birth, new life and new beginnings. It is the time for which we all long in our journey for transformation.

As you witness the magic of spring with trees and flowers bursting with blossoms, take a moment to remember what has had to transpire for this glory to manifest: There have been long periods of darkness, of silent hibernation

in the cold of winter. Times when it appeared that there was no life, no movement, nothing growing. A time, however, totally necessary... a time of inward happening... so essential before there can be forward movement toward the new.

Then there comes the time of tremendous energy that has to be exerted for each new shoot to persevere toward the light. It is the time to struggle ever forward with intention, inch by inch,

to muscle through the blocks of hardened earth that seem so determined not to yield. This is the time of not giving up... the time of holding onto the hope and promise of spring.

Finally the promise is kept... there is an organic, easy, unfurling of the blossom with its wonderful burst of beauty and expansiveness; the time of new life, bliss and glory. We savor it... until its season is complete and the cycle of the journey begins once more.

So this spring give pause to honor and celebrate whatever phase of the transformation journey you are embodying. Each is as essential as the other - no steps can be skipped. Celebrate in the knowledge of the promise that all lead eventually to the blossoming for which we all long! So Happy Spring... Summer... Fall... or Winter... wherever you may be!

*Blessings, Sharon Balsama,
Spiritual Leader*

BINGO & TALENT SHOW FUNDRAISING EVENT

At St. Luke's Church ★ 100 East Washington Avenue ★ Newtown, PA 18940

by Carol Day

Bring your family and your friends to our first Bingo and Talent Show Fundraising Event. It's a day to have fun, be social, perhaps perform and maybe even win a little cash?

Here is the vision so far: Bingo will be led by our own Norm Danis. Here people will have the opportunity to buy bingo cards and play a game. The proceeds will be shared - some will go to the winning bingo card holder, the rest will be donated to the Philadelphia Pathwork. Details to follow.

Talent Show: And now for the

save the date!
**Saturday
August 25
10AM-4PM**



entertainment portion of our day together, led by me, Carol Day. Hopefully, we will have various and assorted talents shared from our community.

Calling all performers, singers, dancers, poets, storytellers, musicians and

comedians. **What is your talent that you want to share with our community? Please contact me, Carol Day, at carolday3@verizon.net or call me at 609-392-7855.**

Lunch: And what's better than sharing a meal? We will put together our own Philadelphia Region potluck

and share and nurture each other with another talent, the talent of good food.

Hope to see you there with family and friends... good time to be had by all.

Board Message — Norm Danis, President

Springing Forward with Pathwork -The Board hopes that each and every member of our beloved community is blossoming. We are rapidly approaching the end of another wonderful year and look back at some special accomplishments and happenings. First, we congratulate the Helpership Training class, as they move forward to completion of their studies and next steps. We acknowledge the contributions of Gayle Lacks, Michael Ann Walstad and Joe Balsama as they step down from the Board and pave the way for new members. What a wonderful gift to the community, being on the Board. There are so many things going on behind the scenes, necessary to keep our community solid and strong. As an auditor in TP-2, I marvel at the evolution of this vital program and the commitment of our Helpers.

Please consider being a volunteer for the Philly Pathwork Region when the opportunities arise. It takes a village to keep us strong. AND please celebrate with your friends at CCC Day in June. Helper extraordinaire Moira Shaw is expected to be our main presenter. Pathwork is blossoming in so many ways - please jump right in.

All the best and many blessings, Norm Danis, President.

PS. One of my favorite fundraisers is, "Give 20 percent." Texas Roadhouse, Iron Hill Breweries and other restaurants have fundraiser opportunities. Invite friends out to dinner and Pathwork gets 20% of bill - an easy win-win. Just Do It

www.philapathwork.org

Journey Through the Self

APRIL 4, 6: PGL#170: The Fear of Bliss vs. the Longing For It
Pathwork Studies • Saturday, April 28, 2012 • Gayle Lacks • 215-576-7933

MAY 2, 4: PGL#150: Self-liking, the Condition for the Universal State of Bliss
Pathwork Studies • Sunday, May 6, 2012 • Pina Polishook • 610-667-1176

JUNE 1, 6: PGL#213: The Spiritual and Practical Meaning of "Let Go, Let God"
Pathwork Studies • Saturday, June 16, 2012 • Renee Whatley • 215-472-6454

**Pathwork Studies Workshops can be offered at a low cost because they are sponsored by the region.*

FREE FIRST FRIDAY

FREE FIRST WEDNESDAY

See back page for locations

May 2012 Edition

Sharon Balsama
272 Center Point Lane
Lansdale, PA 19446



Save the Date!!!

CCC Day • Saturday, June 2, 2012

Abundance!!! As a Pathwork community, we have abundance in our upcoming CCC Day. First there is meeting and greeting our lovely Community, people you may have not seen for awhile. Then there is the wonderful opportunity to take Commitments, our particular way of deepening our journey on this wonderful path. And finally, there is Celebration: two graduations, TP-5 and the HTP training, and a wonderful graduation speaker, Moira Shaw, who was one of the original Pathworkers and knew Eva personally. What a way to complete another great year of learning and growth as a community. Join us!!!

MOIRA SHAW

Moira initiated her spiritual journey in 1966 by working privately with Eva Broch Pierrakos. She joined Eva's helper-training group in 1967. In trance, Eva channeled The Guide, a spiritual entity of surpassing wisdom. The Guide "delivered" 258 messages known as the Pathwork Guide Lectures. For a bit of drama, Eva once told Moira that Moira was her daughter when she, Eva, "died a drug addict in the gutter."



Years later, Moira "translated" the complex Pathwork teachings into The 50-50 Work. Her husband, Bert, helped develop these teachings internationally through helper training programs, workshops and lectures.

Today, Moira and Bert work and teach as 50-50 Pathwork helpers in Bearsville, a hamlet of Woodstock, New York.

On a more personal level, Moira is an artist who "translates" spiritual concepts into soft sculptures, using 18th century hand-woven wool.

~ Moira Shaw, December 6, 2011.