

# 2012 - THE YEAR OF CHANGE

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depending on their gifts and talents. (Think about this: we could have up to 15 helpers in the Philadelphia Pathwork Region! Now that is growth and expansion.)

If you feel inspired to participate, think about joining the Board or Helpers Council. There are openings on both. There also many new projects we are working on where we can use your talents. You can call me at 610-222-4688 or email slmjab@aol.com.

I am grateful to be the Spiritual Leader for this wonderful, changing, growing Pathwork community. It is my commitment and my longing to help create a solid, stable foundation which can support and integrate these emerging changes. Pray with me that we, the Philadelphia Pathwork Region, meet the challenges and the new energies of 2012 in a grounded and guided manner and that we "walk the spiritual path with practical feet."

*Blessings to you in this New Year! ~ Sharon Balsama*

## PGL#204 - What is the Path?

"Let us first state what it is not. It is not psychotherapy, although aspects of this pathwork must, perforce, deal with areas which psychotherapy also deals with. But I might say that in the framework of the path, this psychological approach is only a side issue, a getting through obstructions, so to speak. Dealing with confusions, inner misconceptions, misunderstandings, destructive attitudes, alienating defenses, negative emotions, paralyzed feelings is essential and this psychotherapy also attempts to do. However, while this is the ultimate goal of psychotherapy, the Pathwork enters its most important phase only after this stage is over, and that most important phase is, briefly, the learning of how to activate the greater consciousness dwelling within every human soul."

## 4 | January 2012

Philadelphia Pathwork® Region is a non-profit organization. Regional leader: Sharon Balsama, 272 Center Point Lane, Lansdale, PA 19446. 610-222-4688. Published three times annually.

### FREE FIRST FRIDAY FREE FIRST WEDNESDAY LOCATIONS

**PENNSYLVANIA:**

**FIRST FRIDAY:**

- **Ambler:** David Schwerin 215-793-0712
- **Philadelphia:** Renee Whatley 215-472-6454

**FIRST WEDNESDAY:**

- **Garnet Valley:** Donna Neilson 610-761-3583
- **Chadds Ford:** Deb Mazza 610-793-2036
- **Pittsburgh:** Sue Van Doeren 412-434-0400

**NEW JERSEY:**


**FIRST FRIDAY:**

- **Hamilton:** Pam Jones 609-631-6873
- **Trenton:** Carol Day 609-392-7855
- **Skillman:** Mary Elliott 908-625-2238

**FIRST WEDNESDAY**

- **Princeton:** Amy Rhett 609-577-6336

✓ **PLEASE CALL TO LET US KNOW YOU WILL BE ATTENDING.**  
*Topics are listed on the front of this newsletter.*



See back page for locations

**WEDNESDAY**

**FIRST FRIDAY**

**FREE**

**FREE**

**Journey Through the Self**

To register, please call by the Wednesday before the workshop.

**SATURDAYS 10:00AM-4:00PM/ Cost: \$50.00**

**• PATHWORK STUDIES FOLLOW-UP WORKSHOPS:**  
*(It has been cancelled.)*

Please call to register and get directions by the Wednesday before the event for First Friday and Monday before the event for First Wednesday. (If you do not call and register you may miss an event and find it has been cancelled.)

**• FIRST FRIDAY & FIRST WEDNESDAY: 7:00PM-9:00PM**

Pathwork lectures are read and discussed and there is opportunity for meditation, prayer or exercises related to the lecture. These sessions are open to all who would like to become more acquainted with the Pathwork material. Participants can come to one or all of the sessions.

**PATHWORK STUDIES** is a program offering a deepening of each First Friday & First Wednesday lectures. Education, prayer, meditation, exercises and personal process may be a part of the Pathwork Studies experience.

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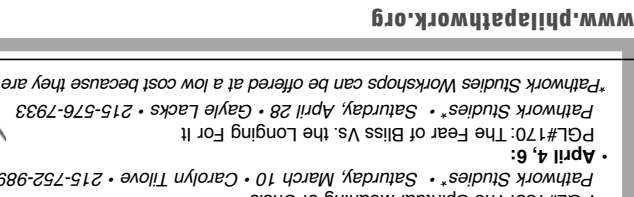
**FREE**

**FREE**

**FIRST FRIDAY**

**WEDNESDAY**

See back page for locations



Sharon Balsama  
272 Center Point Lane  
Lansdale, PA 19446

PHILADELPHIA  
**PATHWORK**  
REGION

January 2012 Edition

# PHILA PATHWORK REGION

Volume 9 - Issue 1 - January 2012

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# 2012 - THE YEAR OF CHANGE AND EXPANSION!

## LETTER FROM PHILADELPHIA PATHWORK REGION'S SPIRITUAL LEADER

by Sharon Lee Balsama

**D**ear Fellow Pathworkers, Most of us have been reading the many theories of what the year 2012 will bring. It is said to be the end of the Mayan calendar and could mean the end of the world - or just the end of the world as we know it. The readings differ but the common thread is that it is the ushering in of major energy shifts that have already begun. I don't know what changes will manifest in regard to our planet, but if the changes we are experiencing in the Philadelphia Pathwork Region are any indication we can anticipate the future with joyous optimism.

Are you aware of what is happening in this region? First and foremost our region in the last ten years has been growing by leaps and bounds. We have

gone from a few trained helpers who worked independently with little or no structure each "doing her own thing," to a region that:

- Is incorporated and has by-laws and a tax exempt status.
- Has a Helpers' Council that meets monthly to handle the educational and spiritual issues of the community and sets policy to standardize the requirements for each student.
- This includes a five year standardized Transformation Program curriculum that is evaluated yearly and is revised when needed.
- Has an active Board of Directors that also meets monthly that runs the business aspects of the community: including financial support for educational, social and spiritual programs and events. One core goal of the Board is to support



the Helpers in their endeavors to spread the Guide's teaching and wisdom into new areas.

- Has offerings of First Fridays and First Wednesdays in nine locations in Pennsylvania and New Jersey. Two areas that have experienced an explosive expansion are in Hamilton, NJ and Pittsburgh, PA. Our two Helpers-in-Training, Pam Jones and Sue Van Doeren have approximately 30 people attending these events monthly! A wildly successful weekend workshop was facilitated by Carolyn Tilove and Sue Van Doeren in Pittsburgh and there are more events being planned. (How exciting is that?)
- Holds CCC day (Commitment, Celebration and Community). This year, TP-5 will graduate along with the Helpers-in-Training.

Moirra Shaw, who was responsible for the 50-50 Work will be our speaker. The date is Saturday, June 2, 2012. Put it in your calendars now, you won't want to miss hearing one of our beloved "ancestors," on whose foundation we have built.

- We now have a weekly Pathwork quote being sent to our emails to inspire us daily.
- Our website is in the process of being updated and made more user-friendly.
- We are assembling a new Philadelphia Pathwork Directory.
- We have seven students who will be graduating in June from the Helpership Training Program. As they feel called by God, in their own rhythm, they will claim Helpership. That service may take many forms

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## AN INVITATION TO Pathwork Membership

**Y**our membership will help us be all that we can be, so we can help you be all that you can be. Although membership is only required of those enrolled in formal Pathwork programs, such as the Transformation Program (TP), Continuing Studies or the Helpership Training Program, the Board counts on an extended membership in order to support the work of our region, e.g., nurturing the individual growth of every Pathwork participant. If you participate in First Friday and First Wednesday groups, go to workshops, attend intensives, or if you believe in Pathwork as a vehicle for growth and transformation, please consider becoming a member of the Philadelphia Region. Your membership also supports community formation through activities such as, CCC Day (Community, Commitment, and Celebration) and other Board-sponsored gatherings, as well as providing scholarships and supporting the Pathwork newsletter and regional mailings.

**JOIN US** by becoming a member or renewing your membership at one of two levels: Angel Members: \$50 to \$150; Archangel Members: \$151 to \$500 or more. Please send your membership offering to: Philadelphia Pathwork Region, c/o of Joan Schwerin, 299 Bangor Lane, Ambler, PA 19002. Include your name, address, email, and phone number along with your check made payable to Philadelphia Pathwork Region. All contributions are tax deductible in the year they are made.

## Board Message — Norm Danis, President

**H**appy Holidays from the Board! At this joyous time of year, we all realize the importance of being grateful and thankful for all the blessings in our lives. You don't have to look far to see people less fortunate. I've been a student of the Pathwork for about 15 years and I literally can't imagine my life without it. So, I'm thankful to the Guide, my TP-2 class, the Helpers and my various Pathwork friends. Recently, I went to Graterford prison to distribute some gifts to the inmates. It was a deeply felt and sobering experience. If you are like me you've done some "crazy" things in your life and "there go I save for the grace of God," I have escaped some unfortunate happenings. It was an eye opener and sparked heartfelt feelings of my thankfulness. I thank the heavens for the angel watching over me!

As Board President, I wish you and your families – all the best for the holidays and in the coming year. Please support your community by paying your membership dues, which keeps us financially strong and consider volunteering time to our many projects when the call goes out. Remember, it takes a village and not just a few members to keep us strong and growing.

*Much love and many blessings! Norm Danis, President*

