

UPCOMING *events*

Upcoming Events from Page 3

Pathwork Lecture Study

LEADERSHIP FOR EVERYONE. Thursdays, July 7, 14, 21, 28. 7PM-9PM. "There is in every human being some talent to be a leader in one way or another; a talent to assume responsibilities and to serve a cause." If you do not cultivate this talent, then you will be a follower who has, much fewer rights and privileges."



PGL#242. This lecture study is based on leadership principles discussed in several Pathwork lectures plus practical wisdom from a variety of sources. Topics covered include everything from the fundamentals of successful decision making to the challenges and frustrations a leader faces in a world changing at warp speed. A variety of modalities and exercises will be used; Group discussion and sharing will be incorporated throughout. ★ Led by David Schwerin, 215-793-0712, schwerin@verizon.net. Bio at www.consciousthinking.com. Location: 299 Bangor Lane, Ambler Pa. \$25 deposit by June 23rd. Cost \$100.

ANY IDEAS OR THOUGHTS YOU WANT TO SHARE?

Please send them to Norm Danis, Board President at abovethenorm@verizon.net.

4 February 2011

Philadelphia Pathwork® Region is a non-profit organization. Regional leader: Sharon Balsama, 272 Center Point Lane, Lansdale, PA 19446. 610-222-4688. Published four times annually.

FREE FIRST FRIDAY FREE FIRST WEDNESDAY LOCATIONS

PENNSYLVANIA:

FIRST FRIDAY:

- **Ambler:** David Schwerin 215-793-0712
- **Doylestown:** EJ Carreiro, Jr. 610-653-7212
- **Jenkintown:** Gayle Lacks 215-576-7933
- **Philadelphia:** Renee Whatley 215-472-6454
- **Pittsburg:** Sue Van Doeren 412-434-0400

FIRST WEDNESDAY:

- **Boothwyn:** Donna Neilson 610-761-3583
- **Chadds Ford:** Deb Mazza 610-793-2036

NEW JERSEY:

FIRST FRIDAY:

- **Hamilton:** Pam Jones 609-631-6873
- **Hillsborough:** Mary Elliott 908-625-2238
- **Trenton:** Carol Day 609-392-7855

FIRST WEDNESDAY

- **Princeton:** Amy Rhett 609-577-6336

✓ PLEASE CALL TO LET US KNOW YOU WILL BE ATTENDING.

Topics are listed on the front of this newsletter.

PHILA PATHWORK REGION

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INSIDE PAGES

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community • commitment • celebration

An Invitation to CCC Day 2011 Saturday June 4th

Save the Date

9:30AM-4:30PM

St. Luke's Episcopal Church
Newtown, PA 18940



Kim Rosen, CCC Day's featured speaker.

Kim Rosen has touched listeners around the world with poetry's power to awaken, inspire and heal. She is the author of *Saved by a Poem: The Transformative Power of Words* (Hay House, 2009). Combining her devotion to poetry with her background as a spiritual teacher and therapist, she gives 'Poetry Concerts', inspirational lectures and workshops throughout the U.S. and abroad. Kim is a Pathwork Helper and a certified practitioner of the Breathwork and the Work of Byron Katie. Her work is also inspired by

Kim Rosen is a virtuoso of the spoken word, a wise woman of poetry as medicine. She reveals the secret power of taking poems inside us and healing through clarity, beauty and vision."

~ Mark Matousek

her training in Core Energetic Therapy, Gestalt Therapy, Drama Therapy and Hands-on Healing as well as her personal immersion in the teachings of Gangaji and other non-dual teachers.

Carolyn Tilove will be organizing a desserts extravaganza - a chance for you to let us enjoy your favorite sweet creations. Please call 215-752-9894 or ctilove647@gmail.com. MORE TO COME - STAY TUNED! ☺

February 2011 Edition

FREE FIRST FRIDAY
FREE FIRST WEDNESDAY

See back page for locations

RELATIONSHIP TO OTHERS
PGL# 240: Some Aspects in the Anatomy of Love
February 2 & 4 • Some Aspects in the Anatomy of Love
No Pathwork Studies in February
March 2 & 4 • The Forces of Love, Eros and Sex
PGL#44: The Forces of Love, Eros and Sex
March 26. Gayle Lacks 215-576-7933

RELATIONSHIP TO GOD
PGL#52: The God Image
April 1 & 6 • The God Image
PGL#52: The God Image
Date TBA. Prina Polishook 610-667-1176
May 4 & 6 • Shame of the Higher Self
PGL#66: Shame of the Higher Self
May 14. Renee Whatley 215-472-6454

To register, please call by the Wednesday before the workshop.
• **FIRST FRIDAY & FIRST WEDNESDAY:** 7:00PM-9:00PM
Please call to register and get directions by the Wednesday before the event for First Friday and Monday before the event for First Wednesday. (If you do not call and register you may miss an event and find it has been cancelled.)
• **PATHWORK STUDIES FOLLOW-UP WORKSHOPS:** SATURDAYS 10:00AM-4:00PM/Cost: \$50.00

First Wednesday & First Friday are free gatherings which take place in several locations. Pathwork lectures are read and discussed and there is opportunity for meditation, prayer or exercises related to the lecture. These sessions are open to all who would like to become more acquainted with the Pathwork material. Participants can come to one or all of the sessions. Pathwork Studies is a program offering a deepening of each First Friday & First Wednesday lectures. Education, prayer, meditation, exercises and personal process may be a part of the Pathwork Studies experience.

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Opting In For Print Version

Pathwork Newsletter is "Going Green"

For this edition of the newsletter, all participants in the Philadelphia Region for whom we have email and mailing addresses will receive both a paper [print] version of the newsletter and an electronic version. However for future editions, the electronic version only will be sent to everyone who has email, unless the recipient elects to 'opt in' for a paper copy. In order to 'opt in' for the paper a contact **Michael Ann Walstad**,



mwalstad@comcast.net, with your request to continue receiving the paper [print] version. Please include your name, mailing address, and the words 'opt in'. Anyone without email will continue to receive the paper version of the newsletter mailed to the address he or she has provided. Those with email only will now receive the newsletter electronically. If you have an email address but do not receive email from us, please support our 'going green' effort by joining our email list. New email addresses should be sent to mwalstad@comcast.net.

Personal Reflection AUDITING TP1 – OH YES!

By Michael Ann Walstad
After 11 years on the Path, I am an auditor in Carolyn Tilove's TP1 class this year and having a wonderful experience! Our group is incredible – honest, genuine, out-there, funny, earnest, questioning. You name it; it has already shown up in our midst. The world may change forever when this TP class is ready to graduate!
For myself, personally, I am finding that the work I am doing is landing in deeper and deeper places – places I could not have imagined even several years ago. To circle back to the beginning curriculum, **Auditing continued on Page 2**