

WHAT'S NEW FOR 2010-2011!

What's New from Page 1

way! We have ten new Pathwork teachers who graduated in June 2010. Watch for them to be offering some very exciting Pathwork Lecture Studies this year along with those offered by the Helpers. The new teachers have them all prepared and ready to go. So be on the lookout for these new opportunities to deepen your work with the lectures.

We also want to thank EJ Carreiro, 215-653-7212, for volunteering to be our new Pathwork Lecture Study Coordinator! He'll try to see that Lecture Studies are scheduled so that they are being offered when other important events are not scheduled so more of you are free to attend without having to choose between Pathwork events. All this growth is very exciting.

FIRST FRIDAY and FIRST WEDNESDAY ARE FREE GATHERINGS which take place in several locations. Pathwork Lectures are read and discussed and there is opportunity for meditation, prayer, or exercises related to the lecture. These sessions are open to all who would like to become more acquainted with the Pathwork material. Participants can come to one or all of the sessions.



PATHWORK STUDIES is a program offering a deepening of each First Friday and First Wednesday lecture. Education, prayer, meditation, exercises and personal process may be a part of the Pathwork Studies experience. **This year the focus for First Friday and First Wednesday is: RELATIONSHIP TO SELF, OTHERS AND GOD.**

4 August 2010

Philadelphia Pathwork® Region is a non-profit organization. Regional leader: Sharon Balsama, 272 Center Point Lane, Lansdale, PA 19446. 610-222-4688. Published four times annually.

FREE FIRST FRIDAY FREE FIRST WEDNESDAY LOCATIONS

PENNSYLVANIA:

FIRST FRIDAY:

- **Ambler:** David Schwerin 215-793-0712
- **Doylestown:** EJ Carreiro, Jr. 610-653-7212
- **Jenkintown:** Gayle Lacks 215-576-7933
- **Philadelphia:** Renee Whatley 215-472-6454
- **Pittsburg:** Sue Van Doeren 412-434-0400

FIRST WEDNESDAY:

- **Boothwyn:** Donna Neilson 610-761-3583
- **Chadds Ford:** Deb Mazza 610-793-2036

NEW JERSEY:

FIRST FRIDAY:

- **Hamilton:** Pam Jones 609-631-6873
- **Hillsborough:** Mary Elliott 908-625-2238
- **Trenton:** Carol Day 609-392-7855

FIRST WEDNESDAY

- **Princeton:** Amy Rhett 609-577-6336

✓ **PLEASE CALL TO LET US KNOW YOU WILL BE ATTENDING.**

Topics are listed on the front of this newsletter.

August 2010 Edition

FREE FIRST FRIDAY

FREE FIRST WEDNESDAY

See back page for locations

RELATIONSHIP TO SELF

Lecture Study: **RELATIONSHIP TO SELF**

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Please call to register and get directions by the Monday before the event for First Wednesday and the Wednesday before the event for First Friday. (If you do not call and register you may show up at an event and find it has been cancelled.)

FIRST WEDNESDAY & FIRST FRIDAY: 7:00PM-9:00PM / Cost: FREE

• **FRI-October 1: WED-October 6**
 PGL#43 Personality: Three Basic Types: Reason, Will, Emotion

• **WED-November 3: FRI-November 5**
 PGL# 64 Outer Will and Inner Will

• **WED-December 1: FRI-December 3**
 PGL#189 Self-identification Determined Through Stages of Consciousness

PATWORK STUDIES FOLLOW-UP WORKSHOPS
SATURDAY 10:00AM-4:00PM / Cost: \$50.00
 To register, please call by the Wednesday before the workshop.

• **October 16**
 PGL#43 Personality: Three Basic Types: Reason, Will, Emotion

• **November 13**
 Carolyn Tilove 215-752-9894
 PGL#64 Outer Will and Inner Will

• **December, January & February:** No Pathwork Studies Follow-Up Workshops
 Carol Day 609-392-7855

Sharon Balsama
272 Center Point Lane
Lansdale, PA 19446
www.philadelphiapathwork.org

PHILA PATHWORK REGION

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An Invitation to Pathwork Membership, 2010-2011

Your membership will help us **be all that we can be,**
so we can help you **be all that you can be.**

Although membership is only required of those enrolled in formal Pathwork programs, such as the Transformation Program (TP), continuing studies, or the teacher-training program, the Board counts on an extended membership in order to support the work of our region, e.g., nurturing the individual growth of every Pathwork participant. If you participate in First Friday and First Wednesday, go to workshops, attend intensives, or if you believe in the Pathwork path as a vehicle for growth and transformation, please consider becoming a member of the Philadelphia Region. Your membership also supports community formation through activities such as, CCC Day (Community, Commitment, and Celebration) and other Board-sponsored gatherings as well as providing scholarships and supporting the Pathwork newsletter and regional mailings.

JOIN US by becoming a member or renewing your membership at one of two levels: Angel Members: \$50 to \$150; Archangel Members: \$151 to \$500 or more.

Please send your membership offering to: Philadelphia Pathwork Region, c/o of Joan Schwerin, 299 Bangor Lane, Ambler, PA 19002. Include your name, address, email, and phone number along with your check made payable to Philadelphia Pathwork Region. All contributions are tax deductible in the year they are made.

WHAT'S NEW FOR PATHWORK 2010-2011!

How About... First Wednesday

First Friday is being offered at eight locations from October 2010 - June 2011. Friday is a great evening for many to come out and enjoy the Pathwork lectures. However, for others it may feel like too much after the working all week, so we are trying something new this year. We are also offering First Wednesday at three locations so folks have their choice of evenings. (See cover page for listings.)

We have more offerings coming your

What's New continued on Page 4

Update on the Board's Year

Here are some of the fine accomplishments of the Board's shining efforts for year, '09-'10.

- Successful membership drive and fund raising efforts.
- More participants became members than ever before.
- First ever online auction netted the Philadelphia Pathwork Region more than double the proceeds from previous years.
- Enhanced community building -- a variety of board-sponsored opportunities for community involvement including these days of service:
 - Philly Cares in October -- volunteers worked to brighten the educational environment for children.
 - MANNA -- preparing food for those with AIDS and cancer on Thanksgiving Day.
 - Dinner at Joe's in Camden -- preparing and serving food to the hungry in July.
 - CCC Day -- celebrating the growth and aliveness of our community and the passing of the regional leadership mantle from Renee Whatley to Sharon Lee Balsama (*transitioning with ease, grace and love*).
- Social Activities:
 - Game night -- games and fun hosted by John Strizinger in June.
 - An evening at the theatre -- a live performance of the, 'Screw Tape Letters'.
 - Dinner/Fundraiser at the Iron Hill Brewery -- a chance to dine & socialize, plus, raise funds for Philadelphia Pathwork Region.
 - Visioning by the Board and Helpers -- designed to 'grow' our community and retain its integrity.
- First Friday -- the expansion of the First Friday program, which grew to 13 additional sites with a special assist by Teacher Trainees; The addition of First Wednesday.
- Pathwork Studies -- six one-day workshops at a reduced fee to deepen the First Friday lectures.
- Helpers' support -- ongoing connection to enhance the magnificent work they do. ☺



Last Call to TP...

All Aboard for the adventure of your life!!!

Transformation Program, Year 1
September 2010 • Two Locations

The train has arrived at the station and is getting ready to pull out. Are you on board yet? Two Transformation Programs, Year 1, are beginning in September 2010 - this is the last call!

If you have had a taste of Pathwork and you have a sense that it offers you something valuable or even essential to your life, the time is now. This is the most intensive program that we offer. You will meet every month, with the same group of people, developing skills that will take you deeply into your life, your relationships with others, and your relationship with God, or whatever Spiritual Reality is comfortable to you. This is a five year program, but you commit to it one year at a time.

Two programs are beginning in September 2010. If this intrigues you and you want to get more information, find out about the dates, the pre-requisites, etc., talk to one of the teachers or Helpers. They are:

- Pnina Polishook in Paoli, Pa. 610-667-1176 or
- Carolyn Tilove in Hulmeville, Pa. 215-752-9894

Is this your train?

There is still time to get on board.