

A GOLDEN ANNIVERSARY

Honoring Eva

in her own words and
the words of those who knew her.



Eva giving a lecture

greetings

my

dearest

friends

blessings

strength

and

love

You Are Invited to Attend

Join us on, Saturday, June 7th, as we honor the woman whose commitment, dedication, and willingness established this path a little over fifty years ago and as we honor those who have stepped into leadership in our community.

We, in the Pathwork, often begin our times together by invoking Eva, The Guide, maybe Christ, or some other divine energy to guide us and sustain us in our work. Who was this woman who began transmitting this transformational information a little over fifty years ago?

What were the circumstances that created, supported and sustained Eva as she learned to purify herself, open her channel to the divine and transmit this challenging information to others? What qualities, attributes characterized her being in the beginning and as she evolved?

On CCC Day, we will try to answer some of these questions. We will listen to Eva's voice as she channels lecture material, as she is interviewed about her life and as she describes her own purification process. How she learned to become a channel for the Guide's wisdom.

We will also hear from first generation pathworkers who knew Eva. They will share with us their remembrances. Our own Carolyn Tilove, Judith Saly, Bert and Moira Shaw, Adrienne Winograd have all answered yes to our invitation. The Pathwork Press has also expressed interest in videotaping this portion of our day for a documentary on Eva that is in the planning stage.

At CCC Day, we will also be installing our new Board of Directors: Rick Neu, Gayle Lacks, Norm Danis, Grace Douglas, John Stritzinger and Renee Whatley. We will have a ceremony to

Philadelphia Region Pathwork 4th Annual CCC Day
SATURDAY JUNE 7, 2008 • 9:30 am-4:00 pm
at St. Luke's Episcopal Church

100 East Washington Avenue, Newtown, Pa 18940

9:30am Coffee & Fellowship

10am Board Installation
Blessing Ceremony for Teacher Trainees
Commitment Ceremony* and Class Presentations

12noon Lunch

1pm Afternoon Honoring Eva

• • •
bless the new Teacher Training Group as they embark on this new level of engagement with the lectures and the community and, of course, we will have a commitment ceremony. (*Contact Gayle Lacks at gaylelacks@verizon.net or 215-576-7933 if you are ready to make a commitment..)

We will gather at 9:30 a.m. for coffee and fellowship, re-connecting with old friends and making new ones. Our morning, beginning at 10 a.m. will be devoted to the Board installation, blessing the teacher trainees, commitment ceremony and class presentations. We are inviting our guests to join us for lunch and we will begin our afternoon of Honoring Eva at 1 p.m.

If you are interested in helping with the food set up, clean up or housing (*we are getting inquiries for overnight stays*), contact John Stritzinger at jstritz@gmail.com or 215-635-1294.

Renee Whatley
Rwhatley2@aol.com or 215-472-6454

RSVP

SUSAN THESENGA ON

EVA AS WOMAN AND LOVER OF LIFE

fuzzy-headed. She was also deeply grounded in political and financial reality.

She was above all, a great lover of life. She taught me so much about pleasure in living. She loved fine things, and had a strong love of fine food. She loved dancing, skiing, swimming, sunning and being in nature. She loved sex, and being sensual, and looking

beautiful. She was a woman who could be entirely womanly and inviting, without in the least being subservient to men or losing her powerful individuality. She once said that in her early years of pursuing her path, she was most apprehensive about having to give up the earthly pleasures in which she took such delight since most

spiritual paths seemed to indicate that this was necessary. She was prepared to do that, however, to follow God, which was her overwhelming heart's desire. How blessed she felt when the guidance she received continued to support the idea that pleasure and physicality in life are to be enjoyed, that they are indeed God's great gifts to us, and are not to be separated from our spiritual nature.

All this she taught not just theoretically, but in her very being.

Eva teaching on the lawn



by Susan Thesenga

I want to tell you about Eva, and my relationship to her. Eva was a rich source of inspiration and guidance for me since I first met her in 1972. As soon as I met her, I knew that this woman knew more about being a woman than anyone I'd ever met, and more about the true meaning of life than most.

Eva established her giving in many areas. She was masterful at detail and organization, totally unlike some images of spirituality as

JUDITH SALY ON

Remembering The Beginning

by Judith Saly



I first saw Eva on a late May day in 1958. My husband John and I stood with a friend in the lobby of 360 Central Park West, waiting for the elevator to take us up to Marianne Skura's apartment, where the lectures were held. Eva was sitting on a bench, a suntanned radiant creature, wearing a low-cut very blue summer dress, a blue that suited her so well and that I often saw her wear later. "This is the medium," whispered my friend in my ear. All my preconceived ideas of what mediums should look like went to the winds. But I was still afraid. Afraid of an unknown experience that was awaiting me. But for the impact on me of that first lecture I had read a few days before, I would never have gone. But its effect on both John and me was so great on both of us that we just had to go. That lecture, then fairly new, was No. 14: The Higher Self, the Lower Self, and the Mask. Both John and I knew immediately that we had found what we had been searching for: a way. A way to achieve what we both wanted. This was it. Here was unification of mind, body, feelings and spirit, here psychology, religion, philosophy, science, all came together. Here we wouldn't have to deny any part of ourselves.

At that time there were around twenty-five to thirty people attending Eva's lectures and maybe another ten, scattered over Europe and South America, subscribed to them. Most of the people in the room were women over forty, plus a few elderly men. Most of them had German accents. We were sitting in rows, facing Eva, who sat in a straight-backed chair. Candles were lit, on came Sibelius, sandalwood incense drifted through the air. She closed her eyes. My pulse went up. I wanted to run out. I also tried to very hard to see the Guide. But then I just let myself be enveloped by the love and wisdom that was there.

I loved to watch Eva come out of trance, whether at a lecture meeting or after a private session. She would open her eyes wide, smile, adjust her hair; her face would become mobile, she looked sweet and vulnerable. Then we would begin to tell her what she had told us in trance. Her face would assume an air of total astonishment. "I said that?" she would ask. She couldn't believe that all that wisdom came out of her mouth. Her trances were deep at that time.

After the lectures or Q & A sessions people would stay around to discuss what they had just heard and to prepare questions for the next occasion. Eva participated in these discussions like everyone else.

And those early groups! We sat on chairs tightly. Nobody touched anybody. We were so defended! We had to learn so much. To let masks crack just a little at first. To keep to ourselves what we had revealed to each other, when it would have been so tempting to gossip. That was already an achievement. And as Eva grew, we grew, took more chances, touched, moved, became more open, until we were ready for the new phase which erupted when John Pierrakos appeared on the scene. The two energies met, a nuclear fusion took place, and the result was what we have now.



Eva with her husband John

Garden on Eva

From Page 1

pumping an heavenly accordion. The movement was exquisitely graceful. Years later, I would reflect back on those moments and see gold threads being woven back and forth as she spoke. Her eyes were closed during the whole trance.

Everyone could feel when the Guide entered. The room got heavy and light at the same time. The space expanded. At times it felt as if we were lifted onto a cloud. A unifying force field carried us through the evening. Once the trance came to an end, it would take Eva a few moments to fully return. She resembled a cat opening its eyes from a strong nap. She would lick her lips, blink a few times as if to say, "Oh I am back again." There was a glow about her face and her being. She was in a state of delight.

In the years that followed, John Pierrakos would be teased about how he gazed at her and became mesmerized by the light emitted from her as she returned. What stays with me after all these years, is Eva's single focused dedication. She never missed a trance session in twenty years. Well, perhaps one. Even when she was ill, she would find a way to communicate with the Guide and give out all the wisdom we have inherited today. Her commitment to her task was immense. It had the "stamp of blessedness" about it, as the Guide would say.

I am profoundly grateful for her gift to me and to the world.

UPCOMING events

· see flyer inside for details ·

May Pathwork Studies - One Day Workshop

LET ME ACCEPT THE THINGS I CANNOT CHANGE.

Sunday, May 18, 2008. 10am-4pm.

June Pathwork Studies - Four Week lecture Study

MEDITATION ON THE LORD'S PRAYER.

Monday Evenings: June 9, 16, 23, 30, 2008. 7pm-9pm.

PERSONAL IMMERSION INTENSIVE (2-4 DAYS)

July 2-5

One Day Workshop

ANGER TO FREEDOM.

Saturday, July 19. 10:00am - 6:00pm.

Four Week Lecture Study

EXPLORING THE HIDDEN MEANING OF BODY TENSIONS.

Monday Evenings: August 4, 11, 18, 25; 7-9:30pm.

A ONE DAY WORKSHOP

WHAT IS THE PATH?

SATURDAY, SEPTEMBER 27, 2008. 9:30am-4:30pm.

ARE YOU READY TO CHANGE YOUR LIFE:

TRANSFORMATION PROGRAMS FORMING.

4 May 2008

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Denise Leverto writes regarding Mary's response to the angel that informed her that she was to be Jesus' mother. *Quoted in Ann Lamont's Plan B.*

*She did not cry out "I cannot, I am not worthy"
Nor, I have not the strength
She did not submit with gritted teeth, raging and covered
Bravest of all humans
Consent illumined her
...but we are told of meek obedience
No one mentions courage
The engendering Spirit did not enter her without consent*

CALLING ALL TP GRADUATES AND ADVANCED PATHWORKERS DO YOU WANT A RESIDENTIAL INTENSIVE IN THE FALL?

We want to know if you're interested and whether either of these topics appeal to you: We are not asking for commitment, just interest. **Date: October 19-21, 2008.**

Please respond with a yes or no to each offering.

JESUS CHRIST: A PATH WITHIN OUR PATH. A GRADUATE INTENSIVE.

This work at every level requires courage, surrender, and truth-speaking. You will be amazed at what will open up for you. ★ Facilitators: Carolyn Tilove and Renee Whatley.

OVERCOMING NEGATIVITY: A GRADUATE INTENSIVE.

This intensive is for advanced Pathworkers who are ready to work at the level of intention and intentionality in order to come into new life in areas where you have been stuck. Be prepared for the ride of your life. ★ Facilitator: Carolyn Tilove.

OFFER YOUR RESPONSE

To Carolyn Tilove
at ctilove@aol.com
or 215-752-9894

Keep an eye out
for an e-mail with
more detailed
descriptions.

PHILADELPHIA PATHWORK REGION

JUDITH GARTEN ON

Pathwork, Eva and the Guide

by Judith Garten

I first met Eva when I was but 23 years old. John Saly, who had been my Shakespeare professor in college and with whom a friendship had been cemented when I later met he and his family in Europe a number of years later. John was going on sabbatical and asked me if I would baby sit his children while he and Judith returned to Europe. I obliged.

While they were away, I was snooping around their room to see what kinds of things they read. Books were all over their home. I came upon some lectures sitting on his desk. I began to read them and wondered about their origin. John had never mentioned anything about the Pathwork or his involvement before.

When John and Judith returned, I fessed up. I told them I had come upon these lectures and found them interesting. John said, "They are given by a very wise woman. Perhaps you would like to come some time." "Yes," said I.

A few months later, John called and said that he and Judith were taking a cab to Eva's apartment on East 74th and would I like to join them. "Great, we can take a cab together." (*we lived on the West side*). I will never forget the scene: John, turns to me as we are riding through the transverse at 86th Street, and says, "Oh, by the way, Eva is a medium, she goes into trance." I gulped. "She's what?" I was a nice Jewish kid from Queens. What I knew about the occult, I connected with evil and chicanery. I started to get an anxiety attack. I just kept telling myself to breathe. I looked at John and thought, I trust this man intellectually. I know he wouldn't take me to anything too crazy. And I just kept trying to breathe.

In the meantime I kept projecting ahead to what the experience was going to be, clearly a way to control my mounting fear.

My image of what a medium might look like was akin to a middle-aged, grey-haired bird watcher from Maine with sagging bosom and long pearls wrapped around a Peter Pan collar. This is what I prepared myself for. When we knocked



Eva Pierokas

on the door, I was shocked to see a very sensuous, very attractive dark haired woman who opened the door and graciously led us into the living room of the Pent House apartment. Eva's eyes were like sparkling coals. She had a very vibrant spirit and a distinct air of self-confidence. We shook hands and looked directly into each other's eyes. I kept telling myself to breathe.

Later Eva would tell me that when she opened the door, she had seen an angel over my shoulder. I am sure that must be true. It probably took a lot of spirits working overtime because no way would I have come if I had known before hand that Eva was a medium.

I remember well, Eva, going into trance and her coming out. Those were magical moments. She would sit in a straight back chair, hold with her palms upward on her thighs, and begin a breathing pattern that would take her and us into another world. It always helped her to deepen into the inner spaces with a candle lit, incense burning and some music, usually classical, playing. After this ritual and her invitational breath, she would feel, as she once described, her personality self being moved off to the right, and the Guide entering the top of her head and taking over her vocal chords.

She would explain the Guide came in, in between the inhalation and the exhalation, the point of stasis. At the moment the Guide came through. Eva's head and shoulders would fall slightly forward. Her hands came up and faced each other and in a very rhythmic movement widened and came close, widened and came close, as if she was

See **On Garten**, Page 3



Q & A

Eva in her own words on Self-work & Channeling

The following is a brief excerpt from an interview conducted by Charles Rotmeil with Eva in 1976. After a period of developing contact through automatic writing, Eva talks about her period of self-purification and her beginning trance work.

EVA: There is no reason I shouldn't support myself, but then I got this message: Now is the time to completely forget about it -automatic writing - any kind of phenomena; you have to concentrate completely on your own development and not on anything else. You shouldn't even work for this short time. I said, "How? It's not fair!"...So, I was really concentrated for about one and half years; totally concentrated on my own path. The channel only functioned for that. It only told me everything I needed to know about myself...

Then, after one and half years of very intensive training, I was first given the green light: "The first green light will be given now, You don't have to go out looking for anybody...it will come..."

"Then one day, the message came" the time is right when you should train yourself to go into a trance. "I can't go into a trance...that's impossible!" "Yes, yes, you have to sit." They gave instructions about what to do. They told me how to let go, how to not think, how to completely let my mind go. They told me that twice a week I should do this regularly with another girl present. Then after we did this, there would be sessions when automatic writing would come through...the guidance or the Guide would come through in the automatic writing. I never thought I would go into a trance; I was so "there". I guess I just persevered. Then after one and one half years of sitting, I could go into a trance. Deep relaxation.

Anyway, the first time I went into trance, no voice came through and I was just in trance. It was an incredible feeling, and from that time on I could do it without difficulty. Then the second time I did it the voice came through. From then on, it came. That was toward the end of the fall of 1956...

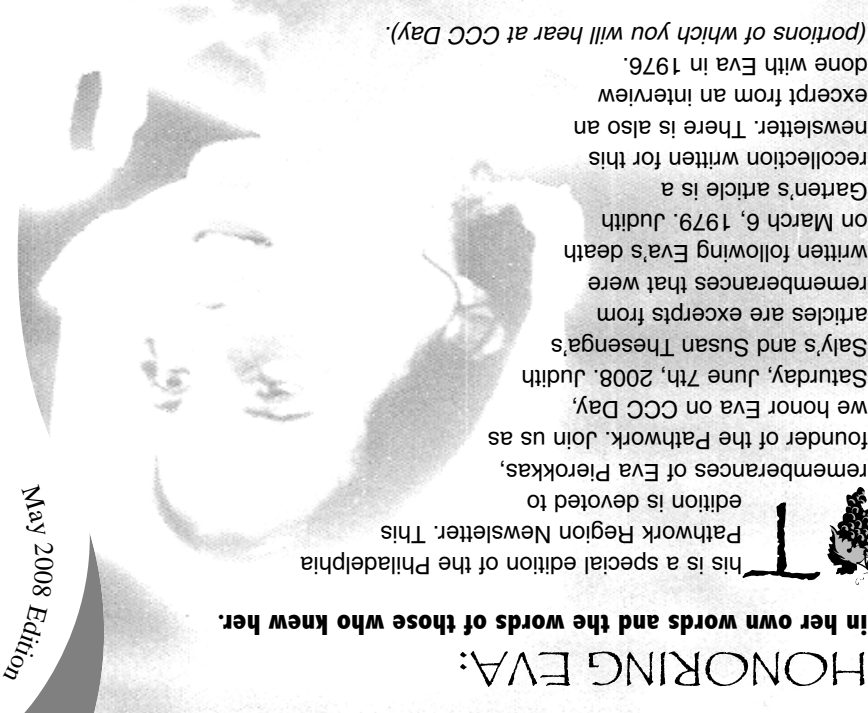
QUESTION: There must be a tremendous feeling you have when you go into trance. Is there any way you can describe that?

EVA: It's very hard to put into words. You know people usually think of trance as being unconscious and that's not true. There may be trance states where you really are in your sleep. This is not it. It is not that I am not conscious. I am super conscious. I don't know if that makes sense: it's a super-focusing of consciousness. That super-focusing is the channel. My own mind is out of it. What it really is is allowing another consciousness to come through, which is a super-focusing—an intensification of consciousness—it sounds very contradictory.

For the longest time before going into a trance, there was always a slight anxiety, which had to do with the times when nonsense would come through —or nothing—which created self-doubt. Once I was able to let go, let go to the will of God, I lost that anxiety and I feel very confident now. The real pleasurable feeling is when I come out of it. The feeling is of a tremendous accomplishment, and there is a tremendous influx of new energy.

You will be able to hear parts of this interview at CCC Day, June 7th, 2008.

SPECIAL EDITION • SPECIAL EDITION • SPECIAL EDITION



May 2008 Edition

(portions of which you will hear at CCC Day).

done with Eva in 1976.

excerpt from an interview

newletter. There is also an

recollection written for this

Garten's article is a

on March 6, 1979. Judith

written following Eva's death

remembrances that were

articles are excerpts from

Saly's and Susan Theseeng's

Saturday, June 7th, 2008. Judith

we honor Eva on CCC Day,

founder of the Pathwork. Join us as

remembrances of Eva Pierokas,

edition is devoted to

Pathwork Region Newsletter. This

his is a special edition of the Philadelphia

in her own words and the words of those who knew her.

HONORING EVA:

PHILADELPHIA PATHWORK REGION
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